

1. The three types of muscle tissue are cardiac, smooth and _____.
a. skeletal b. rough c. aorta
2. Cardiac muscle moves by _____ muscle movement.
a. involuntary b. voluntary c. pivotal
3. Smooth muscle cells are _____.
a. striated b. unstriated c. criss-crossed
4. Skeletal muscles are striated and move by _____ muscle movement.
a. involuntary b. voluntary c. spiral
5. How many criteria are there for naming the skeletal muscles?
a. 5 b. 3 c. 7
6. The main muscle of the scalp is the _____.
a. achilles b. deltoid c. epicranium
7. The biceps brachii is a muscle of the _____.
a. leg b. stomach c. arm
8. The muscles of the hip help move the _____.
a. neck b. thighs c. arms
9. Freely movable joints are referred to as _____.
a. synarthrosis b. diarthrosis c. amphiarthrosis
10. The hinge joint is found in the elbow and _____.
a. knee b. hip c. humerus

Answer Key

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|------|-------|
| 1. a | 6. c |
| 2. a | 7. c |
| 3. b | 8. b |
| 4. b | 9. b |
| 5. c | 10. a |